

Checklist for a "D"elightful Retreat

- **Determine the purpose for your retreat.** This will determine your schedule and activities.
- **Details of the contract.** Now that you have a purpose, call Riverbend and create a contract. There is no "fine print," but you need to be familiar with the details so there are no surprises for you and your group.
- **Decide what activities you want to schedule with Riverbend.** The activities are listed on the rate and recreation pages of our website, but some you might want to consider are:
 - Hayrides
 - Campfires
 - Challenge Course
 - Zip Line
 - Skeet Shooting
 - Paintball
 - Archery
 - Frisbee Golf
 - Hiking Trails
 - Gift Shop
 - Guided Hikes
 - Basketball
 - Sand Volleyball
 - Softball, Football, or Soccer
- **Discover area attractions/activities.** The following have been popular outings for many of the groups at Riverbend. Information on these and other attractions are available through the Retreat Center office.
 - The Promise, a musical drama of the life of Christ (www.thepromise.org)
 - Creation Evidence Museum (www.creationevidence.org)
 - Fossil Rim Wildlife Center (www.fossilrim.com)
 - Dinosaur Tracks at the Dinosaur Valley State Park (www.tpwd.state.tx.us)
 - Dinosaur World next to Dinosaur Valley State Park (www.dinosaurworld.com)
 - Squaw Valley Golf Course (800.831.8259)
 - Comanche Peak Nuclear Power Plant (254.897.5554)
 - Canoeing/Tubing on the Brazos River (254.897.4214)
 - Shopping on the Glen Rose Square (www.glenrose.org)
- **Decide to relax.** As a Group Leader, you will be planning, praying, and working to make your retreat a special one. So, once the retreat starts -- decide to relax and enjoy.
- **Draw on the Spiritual Resources available to you.** Prayer is the greatest resource we have to ensure a successful retreat. Involve others in praying for your retreat and know that the staff of Riverbend is praying for you as well. Be sure to leave time in your schedule for your group to be alone with God and remember that above all, God desires to have a personal encounter with each person that comes on the retreat.